



ASIA/NEPAL - Pilot project to assist women who have suffered violence

Kathmandu (Agenzia Fides) - Following a study carried out in 2011 by researchers at the BICE (Bureau International Catholique de l'enfance), which deals with children's rights, a project to help women and their relationship with their children was launched. Established in Spain, with the organization of group workshops destined to promote skills and maternal resources, has been re-adapted for 20 Nepali women who have suffered violence. Thanks to this program so far it has led to better awareness about violent behavior sustained and enhanced self-esteem, self-improvement and a greater understanding between mothers and children. During these meetings, the mothers were given the opportunity to discuss and reflect together, reducing their sense of isolation, guilt and frustration. The participants had all suffered physical, psychological or sexual abuse. Starting from their experiences, their struggles, strengths and limitations, women are encouraged to take an active part in workshops to facilitate their process of change. The objective of BICE is to extend the project to favor support to a larger number of women. (AP) (Agenzia Fides 12/12/2012)