



ASIA/HONG KONG - Transform lunch break in a moment of permanent formation of faith

Hong Kong (Agenzia Fides) - In response to the current pastoral needs, the Cathedral of the Diocese of Hong Kong offers employees of numerous offices in the area, to turn the lunch break into opportunities for permanent formation of faith. According to reports from the Kong Ko Bao (Chinese version of the diocesan bulletin), since last March, every Tuesday, the community of the Cathedral organizes a meeting with Christian employees during their lunch break.

During the meeting, in addition to the necessary time for lunch, the presentation of the themes of Christian faith, the spiritual direction of priests, the exchange of ones life experiences of faith, and also the problems of life or office are dealt with.

After an initial period of experience, this encounter has been defined by participants as an "oasis of the heart", and also prompted many to "regularly attend Sunday Mass and the life of their parish." Given the success of the initiative, which takes account of the daily stress faced by employees and workers, other parishes are doing this kind of pastoral activity. (NZ) (Agenzia Fides 16/7/2012)